

Mental Illness Facts

- Anxiety disorders affect around 14% of the adult population every year.
 - Depression affects around 6% of the adult population every year. The remainder are affected by substance abuse disorders, psychotic illnesses such as schizophrenia, personality disorders, and other conditions. Many people have more than one diagnosis.
 - Mental illnesses are the third leading cause of disability burden in Australia, accounting for an estimated 27% of the total years lost due to disability.
 - Many violent people have no history of mental disorder and most people with mental illness (90%) have no history of violence.
 - When it came to use of substances, 23.1% reported smoking, 36.7% reported drinking, and 18% said they had used marijuana.
 - About 800 000 people commit suicide every year due to mental illness
 - Mental illness itself is not life-threatening, but up to 15% of people seriously affected by mental illness eventually die by suicide
 - 65% of people with mental illness do not access any treatment
 - 6.3% of Australians aged 16 to 24 have experienced an affective disorder in the last 12 months.i* This is equivalent to 180,000 young people today
 - Nearly half (45%) of the population will experience a mental disorder at some stage in their lives.
 - Women were more likely than men to use services for mental health problems.
- Approximately two-thirds of people with a mental illness do not receive treatment in a 12-month period
- recent studies suggest that schizophrenia may be correlates with a slightly wider hard palate, which is the roof of your mouth

